THE MILLER EDITION

מחזור קורן לשבועות THE KOREN SHAVUOT MAḤZOR



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CONTENTS

vii Preface מבוא פתח דבר ix Foreword xiii Introduction: The Greatest Gift הקדמה ערב שבועות EREV SHAVUOT 3 Eiruvin עירובין הדלקת נרות 5 Candle Lighting מנחה לחול Minha for Weekdays ליל יום טוב YOM TOV EVENING קבלת שבת Kabbalat Shabbat 47 Ma'ariv for Yom Tov מעריב ליום טוב מערבות 95 Ma'aravot עמידה למעריב של יום טוב Amida for Ma'ariy of Yom Toy קידוש לליל יום טוב 137 Kiddush for Yom Tov Evening ברכת המזון 141 Birkat HaMazon / Grace after Meals תיקון ליל שבועות 165 TIKKUN LEIL SHAVUOT The Revelation at Mount Sinai מעמד הר סיני (מתוך מסכת שבת) 171 יום טוב YOM TOV 217 On Waking 269 Pesukei DeZimra 315 "God – in Your absolute power" האל בתעצומות עזך 321 Barekhu 337 The Shema קריאת שמע עמידה לשחרית של יום טוב 347 Amida for Shaharit of Yom Tov סדר הלל 361 Hallel סדר קריאת התורה 379 Reading of the Torah for ליום טוב ראשון של שבועות the First Day of Shavuot תפילה לשלום המלכות 429 Prayer for the Welfare of the Government תפילה לשלום מדינת ישראל 433 Prayer for the State of Israel

מגילת רות	439	The Book of Ruth
סדר קריאת התורה	459	Reading of the Torah for
ליום טוב שני של שבועות		the Second Day of Shavuot
תפילה לשלום המלכות	495	Prayer for the Welfare
		of the Government
תפילה לשלום מדינת ישראל	499	Prayer for the State of Israel
יזכור	503	Yizkor
מוסף ליום טוב	519	Musaf for Yom Tov
חזרת הש"ץ למוסף	537	Leader's Repetition for Musaf
ברכת כהנים	553	Birkat Kohanim
קידושא רבה ליום טוב	593	Kiddush for Yom Tov Morning
מנחה ליום טוב	595	Minḥa for Yom Tov
סדר קריאת התורה (שבת)	601	Reading of the Torah (Shabbat)
עמידה למנחה של יום טוב	613	Amida for Minha of Yom Tov
מעריב למוצאי יום טוב	631	Ma'ariv on Motza'ei Yom Tov
קידוש לבנה	677	Blessing of the New Moon
סדר הבדלה	687	Havdala
סדר ברית מילה	691	Brit Mila
ברכת כהנים בארץ ישראל	697	Birkat Kohanim in Israel
פיוטים נוספים	700	Additional Piyutim
הלכות שבועות	773	Guide to Shavuot
מדריך הלכתי למבקר בישראל	776	Guide for Visitors to Israel
t	0	Dilitiza lista di con
קדיש דרבנן באותיות לועזיות	778	Rabbis' Kaddish Transliterated
קדיש יתום באותיות לועזיות	779	Mourner's Kaddish Transliterated

מחזור קורן לשבועות

THE KOREN SHAVUOT MAḤZOR

EIRUVIN

ערב שבת ויום טוב

עירוב תחומין

On שבת and יום טוב it is forbidden to walk more than 2000 cubits (about 3000 feet) beyond the boundary (בתחום) of the town where you live or are staying when the day begins. By placing food sufficient for two meals, before nightfall, at a point within 2000 cubits from the town limits, you confer on that place the status of a dwelling for the next day, and are then permitted to walk 2000 cubits from there.

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְשְׁנוּ בְּמִצְוֹתָיו וְצְוָנוּ עַל מִצְוַת עֵרוּב. בְּדִין עֵרוּבָא יְהֵא שְׁרֵא לִי לְמֵיוַל מֵאַתְרָא הָדִין הְרֵין אַלְפִין אַמִּין לְכָל רוּחָא.

עירוב חצרות

On שבת it is forbidden to carry objects from one private domain to another, or from a private domain into space shared by others, such as a communal staircase, corridor or courtyard. If שבועות falls on Friday, an יוב ווא is created when each of the Jewish households in a court or apartment block, before יום טוב, places a piece of bread in one of the homes. The entire court or block then becomes a single private domain within which it is permitted to carry.

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְשְׁנוּ בְּמִצְוֹתִיוּ וְצִוְנוּ עַל מִצְוַת עֵרוּב. בְּדִין עֵרוּבָא יְהֵא שְׁרֵא לַנָּא לְטַלְטוֹלֵי וּלְאַפּוֹקֵי וּלְעֵיוֹלֵי מִן הַבָּתִּים לֶחָצֵר וִמִן הֶחָצֵר לַבָּתִים וּמִבַּיִת לְבַל הַבָּתִים שֶבֶּחָצֵר.

EIRUVIN

Eiruvin are halakhic devices relating to Shabbat and the festivals by which the sages "joined" different domains of space and time. Eiruv comes from the same root (¬¬¬¬¬, literally: combine or join) as erev, "evening," the time

Erev Shabbat and Yom Tov

EIRUV TEHUMIN

On Shabbat and Yom Tov it is forbidden to walk more than 2000 cubits (about 3000 feet) beyond the boundary (tehum) of the town where you live or are staying when the day begins. By placing food sufficient for two meals, before nightfall, at a point within 2000 cubits from the town limits, you confer on that place the status of a dwelling for the next day, and are then permitted to walk 2000 cubits from there.

בְּרוֹךְ Blessed are You, LORD our God, King of the Universe, who has made us holy through His commandments, and has commanded us about the mitzva of Eiruv.

By this Eiruv may we be permitted to walk from this place, two thousand cubits in any direction.

EIRUV HATZEROT

On Shabbat it is forbidden to carry objects from one private domain to another, or from a private domain into space shared by others, such as a communal staircase, corridor or courtyard. If Shavuot falls on Friday, an Eiruv Ḥatzerot is created when each of the Jewish households in a court or apartment block, before Yom Tov, places a piece of bread in one of the homes. The entire court or block then becomes a single private domain within which it is permitted to carry.

בְּרוֹן Blessed are You, LORD our God, King of the Universe, who has made us holy through His commandments, and has commanded us about the mitzva of Eiruv.

By this Eiruv may we be permitted to move, carry out and carry in from the houses to the courtyard, or from the courtyard to the houses, or from house to house, for all the houses within the courtyard.

that joins day and night; *arev*, "a guarantor," who joins another person or persons in a bond of shared responsibility, and *arev*, "pleasant," the mood that prevails when people join in friendship. An *eiruv* softens the sharp divide of boundaries.

An *eiruv teḥumin* is a device that allows us to walk for up to two thousand cubits beyond the two-thousand-cubit boundary that marks how far we may

עירוב תבשילין

It is not permitted to cook for שבועות when שבר falls on Friday unless an עירוב תבשלין has been made prior to the יים טוב. This is done by taking a loaf or piece of matza together with a boiled egg, or a piece of cooked fish or meat to be used on שבת. While holding them, say the following:

בְּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְשֵׁנוּ בְּמִצְוֹתָיוּ וְצִוְּנוּ עַל מִצְוַת עֵרוּב.

> בְּדִין עֵרוּבָא יְהֵא שְׁרֵא לַנְא לְמֵיפֵא וּלְבַשְּׁלָא וּלְאֵטְמָנָא וּלְאַדְלָקָא שְׁרָגָא יְלֶמֶעְבֵּד בָּל צְרְבַּנָא מִיוֹמָא טָבָא לְשַׁבְּתָא לֵנוּ וּלְכָל יִשְׁרָאֵל הַדָּרִים בָּעִיר הַזֹאת.

הדלקת נרות

On ארב יום טוב, say the following blessing and then light the candles from an existing flame. If also שבת over the eyes with the hands after lighting the candles and say the following blessing, adding the words in parentheses.

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְשְׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק גֵר שֶׁל (שַׁבָּת וְשֶׁל) יוֹם טוֹב. בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שַׁהַחֵיֵנוּ וִקִּיִּמֵנוּ, וִהִּגִּיעֵנוּ לַזִּמֵן הַזֵּה.

walk outside the limits of a town. An *eiruv ḥatzerot* joins multiple homes into a single private domain for the purpose of carrying between them on Shabbat. An *eiruv tavshilin* permits us to prepare food for Shabbat on a festival that immediately precedes Shabbat. All three were instituted to enhance the joy of the festival and the delight of Shabbat without weakening the

EIRUV TAVSHILIN

It is not permitted to cook for Shabbat when Shavuot falls on Friday unless an Eiruv Tavshilin has been made prior to the Yom Tov. This is done by taking a loaf or piece of matza together with a boiled egg, or a piece of cooked fish or meat to be used on Shabbat. While holding them, say the following:

אָרוּן Blessed are You, LORD our God, King of the Universe, who has made us holy through His commandments, and has commanded us about the mitzva of Eiruv.

By this Eiruv may we be permitted to bake, cook, insulate food, light a flame and do everything necessary on the festival for the sake of Shabbat, for us and for all Jews living in this city.

CANDLE LIGHTING

On Erev Yom Tov, say the following blessing and then light the candles from an existing flame. If also Shabbat, cover the eyes with the hands after lighting the candles and say the following blessing, adding the words in parentheses.

Blessed are You, LORD our God, King of the Universe, who has made us holy through His commandments, and has commanded us to light (the Sabbath light and) the festival light.

בְּרוֹן Blessed are You, LORD our God, King of the Universe, who has given us life, sustained us, and brought us to this time.

essential structure of Jewish law that surrounds and protects the holiness of space and time.

CANDLE LIGHTING

CANDLE LIGHTING _

Candle lighting on Shabbat and festivals represents *shelom bayit*, "peace in the home." The sages say that Adam and Eve were created on the eve of

Some add:

יהי רצון מלפניך יהוה אלהינו ואלהי אבותינו, שיבנה בית הַפִּקְדָשׁ בִּמְהַרָה בְיָמֵינוּ, וְתֵן חֶלְקֵנוּ בְּתוֹרָתֶךָ, וְשָׁם נַעֲבָדְךָ בְּיִרְאָה בִּימֵי עִוֹלָם וּכְשָׁנִים קַדְמֹנִיוֹת. וְעַרְבָה לֵיהוה מִנְחַת מֹאִכּיגּ יהודה וירושלם כימי עולם וכשנים קדמניות:

> Prayer after candle lighting (add the words in parentheses as appropriate):

יִהִי רָצוֹן מִלְּפָנֵיךָ יהוה אֱלֹהַי וֵאלֹהֵי אֲבוֹתַי, שֶּׁהְחוֹנֵן אוֹתִי (וְאֶת אִישִּׁי/ וְאֶת אָבִי/ וְאֶת אִפִּי/ וְאֶת בְּנֵי וְאֶת בְּנוֹתֵי) וְאֶת כָּל קְרוֹבֵי, וֹתְבָּן נִנוּ וּלְכַל יִשְּׁרָאֵל חַיִּים טוֹבִים וַאֲרָבִּים, וְתִּוְבְּרֵנוּ בְּזִכְרוֹן טוּבָה וּבְרֶכָהָ, וְתִפְקְדֵנוּ בִּפְקְדֵּת יְשׁוּעָה וְרַחֲמִים, וּתְבָרְכֵנוּ בְּרָכוֹת גְּדוֹלוֹת, וְתַשְּלִים בָּתֵינוּ וְתַשְבֵן שְבִינְתְךָ בִּינֵינוּ. וְזַבֵּנִי לְגַדֵּל בָּנִים וּבְנֵי בָנִים חֲכָמִים וּנְבוֹנִים, אוֹהֲבֵי יהוה יִרְאֵי אֱלֹהִים, אַנְשֵׁי אֱמֶת זֶרַע קֹדֶשׁ, בַּיהוה דְבֵקִים וּמְאִירִים אֶת הָעוֹלֶם בְּתוֹרָה וּבְמַעֲשִׁים טוֹבִים וּבְכָל מָלֶאכֶת עֲבוֹדַת הַבּוֹרֵא. אָנָא שִׁמַע אֶת תִּחָנָתִי בָּעֵת הַוֹּאת בִּוְכוּת שָרָה וִרִבָקָה וַרָחֵל וַלֵאָה אִמּוֹתֵינוֹ, וְהָאֵר גַרֵנוֹ שֶׁלֹא יִכְבֶּה לְעוֹלָם וָעֶד, והאר פניך ונושעה. אמן.

Shabbat, the sixth day, and sinned and were sentenced to exile from Eden on the same day (Avot deRabbi Natan 1). God took pity on them and delayed the start of their exile by a day so that they were able to spend one day, Shabbat, in paradise. On that day, said the sages, the sun did not set. It was a day of light, physical and spiritual, in which the first man and woman experienced the harmony of the universe and of their relationship. The candles of Shabbat - customarily two, though Jewish law requires minimally one symbolize the two aspects of holy time: zakhor, "remember" (Ex. 20:8) and shamor "guard" (Deut. 5:12). They also symbolize man and woman, humanity and God, heaven and earth, united on this day. Though, since the first humans, we no longer inhabit paradise, we capture something of it on Shabbat and

Some add:

CANDLE LIGHTING.

יהי רצון May it be Your will, LORD our God and God of our ancestors, that the Temple be speedily rebuilt in our days, and grant us our share in Your Torah. And may we serve You Mal. 3 there in reverence, as in the days of old and as in former years.

Prayer after candle lighting (add the words in parentheses as appropriate):

יהי בצון May it be Your will, LORD my God and God of my forebears, that You give me grace - me (and my husband/and my father/and my mother/and my sons and my daughters) and all those close to me, and give us and all Israel good and long lives. And remember us with a memory that brings goodness and blessing; come to us with compassion and bless us with great blessings. Build our homes until they are complete, and allow Your Presence to live among us. And may I merit to raise children and grandchildren, each one wise and understanding, loving the LORD and in awe of God, people of truth, holy children, who will cling on to the LORD and light up the world with Torah and with good actions, and with all the kinds of work that serve the Creator. Please, hear my pleading at this time, by the merit of Sarah and Rebecca, Rachel and Leah our mothers, and light our candle that it should never go out, and light up Your face, so that we shall be saved, Amen.

the festivals when in the soft light of the flickering flames, the jagged edges of the week lose their sharpness and we begin to feel the unity of all things in the sensed presence of their Creator.

יהירצוֹן May it be Your will. A beautiful prayer usually said by the woman of the house, invoking the merits and enduring influence of the matriarchs of our people - Sarah, Rebecca, Rachel and Leah - and the courage and devotion of their steadfast love for God and their families. It is a touching summary of the values by which Jewish women through the millennia lived and taught their children.

מנחה לחול

נהלים פד ,

תהלים קמה

אַשְׁרֵי יוֹשְׁבֵי בֵיתֶךָ, עוֹד יְהַלְלְּוֹדָ פֶּלָה: אַשְׁרֵי הָעָם שֶׁבֵּכָה לּוֹ, אַשְׁרֵי הָעָם שֶׁיהוה אֱלֹהִיו: תְּהִלָּה לְדָוִד

אֲרוֹמִמְךָ אֶלוֹהֵי הַמֶּלֶךְ, וַאֲבָרְכָה שִׁמְךָ לְעוֹלָם וָעֶד: בְּכְל־יוֹם אֲבִרְכֶדָ, וַאֲהַלְלָה שִׁמְדָ לְעוֹלָם וָעֶד: גְּדוֹל יהוה וּמְהָלָּל מְאֹד, וְלִגְדְלָתוֹ אֵין חֵקֶר: הור לְדוֹר יְשַׁבַּח מִעֲשֶׂיךָ, וּגְבוּרֹתֶיךָ אֲמַרְּיָבִירוּ: הַבְר בְּבוֹד הוֹדֶךָ, וְדִבְרֵי נִפְּלְאֹתֶיךָ אֲמַבְּּנְהָ: וַעֶזוּוֹ נוֹרְאֹתֶיךָ יֹאמֵרוּ, וֹּגְדוּלְּתְךָ יְרַנֵנוּ: וֹבֶר רַב־טוּבְךָ יַבִּיעוּ, וְצִדְקָתְךְ יְרַנֵנוּ: חַנּוּן וְרַחוּם יהוה, אֶרֶךְ אַבְּיִם וּגְדָל-חֶסֶד:

MINHA - AFTERNOON SERVICE

The Afternoon Service corresponds to the daily afternoon sacrifice (*Berakhot* 26b). The *Minḥa*, or "meal-offering," was not unique to the afternoon sacrifice. The afternoon service may have become known as Minḥa because of the verse in Psalms (141:2): "May my prayer be like incense before You, the lifting up of my hands like the afternoon offering [*minḥat arev*]."

The sages (*Berakhot* 6b) attached special significance to the afternoon prayer, noting that Elijah's prayer was answered at this time (I Kings 18:36). It is easier to pray in the morning and evening as we are about to begin or end our engagement with the world for the day. Minḥa is more demanding. It means that we are turning to God in the midst of our distractions. We are bringing Him into our life when it is maximally preoccupied with other things. Minḥa is the triumph of the important over the urgent, of what matters ultimately over what matters immediately. That is why prayer in the midst of the day has a special transformative power.

The Ba'al Shem Tov said: "Imagine a man whose business hounds him

Minha for Weekdays

אַשְהֵי Happy are those who dwell in Your House; they shall continue to praise You, Selah! Happy are the people for whom this is so; happy are the people whose God is the LORD.

Ps. 144

Ps. 84

A song of praise by David.

ASHREI

Ps. 145

I will exalt You, my God, the King, and bless Your name for ever and all time. Every day I will bless You, and praise Your name for ever and all time. Great is the LORD and greatly to be praised; His greatness is unfathomable. One generation will praise Your works to the next, and tell of Your mighty deeds. On the glorious splendor of Your majesty I will meditate, and on the acts of Your wonders. They shall talk of the power of Your awesome deeds, and I will tell of Your greatness. They shall recite the record of Your great goodness, and sing with joy of Your righteousness. The LORD is gracious and compassionate, slow to anger and great in loving-kindness. The LORD is good to all,

through many streets and across the marketplace throughout the day. He almost forgets that there is a Maker of the world. Only when the time for the afternoon prayer comes, does he remember, 'I must pray.' And then, from the bottom of his heart, he heaves a sigh of regret that he has spent his day on idle matters, and he runs into a side street and stands there and prays. God holds him dear, very dear, and his prayer pierces the heavens."

אַשִּרֵי Psalm 145. Ashrei, at the beginning of Minḥa, is an abridged form of the more extended Pesukei DeZimra, the Verses of Praise, of the morning service. It is a meditation prior to the Amida. The Amida is prayer in its purest form, and it requires kavana, a direction of the mind, a focusing of our thoughts. Kavana involves "clearing your mind of all extraneous thoughts, and seeing yourself as if you are standing before the Divine Presence. Therefore it is necessary to sit for a while before prayer in order to direct your mind, and then pray gently and pleadingly, not like one who prays as if he were carrying a burden which he is keen to unload and leave" (Maimonides,

ASHREI

טוב־יהוה לכּל, ורחמיו על־כּל־מעשיו: יודוך יהוה כּל־מַעַשֵּיך, וַחֲסִידֵיך יָבַרְכִוּכַה: כבוד מַלכותך יאמרו, וגבורתך ידברו: להוביע לבני האדם גבורתיו, וכבוד הדר מלכותו: מַלְכוּתָדַ מַלְכוּת כַּל־עַלַמִים, וּמֵמִשַּׁלְתַּדַ בְּכַל־דּוֹר ודר: סומד יהוה לכל־הַנפלים, וזוקף לכל־הַכְּפוּפִים: אַלידַ ישברו, ואַתָּה נותן־לָהַם אַת־אַכַלָם בִּעְתּוֹ: פותח את־יַדַך, וּמַשְּׁבֵּיעַ לְכַל־חַי רַצוֹן: צַדִּיק יהוה בָּכֵל־דִּדְכָיו, וְחָסִיד בְּכָל־מַעֲשָׁיו: קָרוֹב יהוה לְכָל־קֹרְאָיו, לְכֹל אֲשֵׁר יִקְרַאֲהוּ בֵאָמֵת: רצון־יַראַיו יַעשָׂה, וָאָת־שַׁועַתַם יִשְׁבַע, וְיוֹשִׁיעֵם: שומר יהוה את־כַּל־אֹהַבִיו, וְאָת כַּל־הַרְשַׁעִים יַשְׁמִיד: תָהַלַת יהוה יָדַבֶּר פִּי, וִיבַרְדְ כַּל־בַּשַׂר שֵׁם קַדְשׁוֹ לְעוֹלֵם וַעֵּד: ואנחנו נברך יה מעתה ועד־עולם, הללויה:

תהלים קטו

Laws of Prayer 4:16). Ashrei is the way we "sit for a while before prayer" in order to direct our mind (Berakhot 32b). Therefore, though it may be said standing or sitting, the custom is to say it sitting.

It consists of Psalm 145, chosen for three reasons: (1) It is an alphabetical acrostic, praising God with every letter of the alphabet (except nun, missing lest it refer to a verse that speaks about the fall, nefila, of Israel). (2) It contains the verse, "You open Your hand, and satisfy every living thing with favor," regarded by the sages as one of the essential features of prayer, namely recognition of our complete dependence on God (Berakhot 4b). (3) As the psalm speaks of the joy and serenity of those who trust in God, it fulfills the requirement to pray joyfully (see Rashi, Berakhot 31a). Psalm 145 is also the only one of the 150 psalms to be called a psalm (tehilla) in its superscription.

Added to Psalm 145 are verses from other psalms: two at the beginning,

and His compassion extends to all His works. All Your works shall thank You, LORD, and Your devoted ones shall bless You. They shall talk of the glory of Your kingship, and speak of Your might. To make known to mankind His mighty deeds and the glorious majesty of His kingship. Your kingdom is an everlasting kingdom, and Your reign is for all generations. The LORD supports all who fall, and raises all who are bowed down. All raise their eyes to You in hope, and You give them their food in due season. You open Your hand, and satisfy every living thing with favor. The LORD is righteous in all His ways, and kind in all He does. The LORD is close to all who call on Him, to all who call on Him in truth. He fulfills the will of those who revere Him; He hears their cry and saves them. The LORD guards all who love Him, but all the wicked He will destroy. > My mouth shall speak the praise of the LORD, and all creatures shall bless His holy name for ever and all time.

We will bless the LORD now and for ever. Halleluya!

Ps. 115

which include three times the word Ashrei ("happy"), the first word of the book of Psalms; and one at the end, which ends with Halleluya, the last word of the book of Psalms. Thus Ashrei is a miniature version of the book of Psalms as a whole.

Ashrei means "happy, blessed, fruitful, flourishing." It refers not to a temporary emotional state but to a life as a whole. One who is ashrei does well and fares well, living uprightly and honestly, respected by those worthy of respect. The word is in the plural construct, literally "the *happinesses* of," as if to say that happiness is not one thing but a harmonious blend of many things that make up a good life. Psalm 1 gives a vivid picture of such a life:

Happy is one who does not walk in step with the wicked, or stand in the place of sinners, or sit in the company of mockers, but whose delight is in the Torah of the LORD, and who meditates on His Torah day and night. He is like a tree planted by streams of water that yields its fruit in season and whose leaf does not wither - whatever he does prospers. (Verses 1-3)

חצי קדיש

ש״ן: יתגדל ויתקדש שמה רבא (קהל אמן) בַּעַלְמַא דִי בָרָא כִרעוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְּכָל בֵּית יִשְׂרָאֵל בעגלא ובומן קריב, ואמרו אמן. (קהל אמן)

קהלושין: יְהֵא שְׁמֵה רַבָּא מִבָרַךְ לְעָלַם וּלְעָלְמֵי עַלְמַיַא.

יתברך וישתבח ויתפאר ויתרומם ויתנשא ויתהדר ויתעלה ויתהלל שמה דקדשא בריך הוא (קהל בַּרִיךַ הוא) עַלָּא מִן כָּל בִּרְכָתָא וְשִירָתָא, הִשְּבְחָתָא וְנָחֱמָתָא רָאֲמִירַן בְּעַלְמַא, וְאָמַרוּ אמן. (קהל אמן)

עמידה

The following prayer, until קדמניות on page 29, is said silently, standing with feet together. If there is a שליח ציבור, the עמידה is repeated aloud by the שליח ציבור. Take three steps forward and at the points indicated by , bend the knees at the first word, bow at the second, and stand straight before saying God's name.

כי שם יהוה אקרא, הבו גדל לאלהינו:

יבַרוּךָ אַתָּה יהוה, אֱלֹהֵינוּ וֵאלֹהַי אבוֹתינוּ אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַעֵקב האל הגדול הגבור והנורא, אל עליון

THE AFTERNOON AMIDA

תהלים נא

The sages (Berakhot 26b) associated the afternoon Amida with Isaac, who "went out to meditate in the field toward evening" (Gen. 24:63). If Abraham HALF KADDISH

AMIDA

Leader: יתגדל Magnified and sanctified may His great name be, in the world He created by His will. May He establish His kingdom in your lifetime and in your days, and in the lifetime of all the house of Israel, swiftly and soon and say: Amen.

All: May His great name be blessed for ever and all time.

Leader: Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, blessed be He, beyond any blessing, song, praise and consolation uttered in the world and say: Amen.

THE AMIDA

The following prayer, until "in former years" on page 28, is said silently, standing with feet together. If there is a minyan, the Amida is repeated aloud by the Leader. Take three steps forward and at the points indicated by *, bend the knees at the first word, bow at the second, and stand straight before saying God's name.

When I proclaim the LORD's name, give glory to our God. O LORD, open my lips, so that my mouth may declare Your praise. Deut. 32 Ps. 51

PATRIARCHS

ברוך Blessed are You, LORD our God and God of our fathers, God of Abraham, God of Isaac and God of Jacob; the great, mighty and awesome God, God Most High,

represents the dawn of Jewish faith, and Jacob the nighttime of exile, Isaac represents the afternoon joining of past and future, the unspectacular heroism of Jewish continuity. We are each a link in the chain of generations, heirs

. גומל חַסָדִים טובִים, וִקֹנֵה הַכּּל

וְזוֹבֵר חַסְדֵי אֶבוֹת

וֹמֵבִיא גוֹאֵל לְבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

מֶלֶךְ עוֹזֵר ומושִיעַ וּמָגַן.

יבָּרוּךָ אַתָּה יהוה, מָגֵן אַבְרָהָם.

גבורות

אַתָּה גִּבּוֹר לְעוֹלֶם, אֲדֹנָי מְחַיֵּה מֵתִים אַתָּה, רַב לְהוֹשְׁיִע

In ארץ ישראל

מוֹרִיד הַשָּׁל

מְכַלְבֵּל חַיִּים בְּחֶסֶד, מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים וּמְקַיֵּם אֱמוּנְתוֹ לִישֵׁנֵי עָפָר. מִי כְמְוֹךָ, בִּעַל גְּבוּרוֹת מִי כְמְוֹךָ, בִּעַל גְּבוּרוֹת וֹמִי דְּוֹמֶה לָךְ

ְוָנֶאֱמָן אַתָּה לְהַחֲיוֹת מֵתִים. בָּרוּךָ אַתָּה יהוה, מְחַיֵּה הַמֵּתִים.

When saying the אַתָּה קַדוּשׁ silently, continue with אַתָּה קַדוּשׁ on the next page.

of our ancestors, guardians of our children's future, remembering God in the midst of time and placing our destiny in His hands.

The Central Blessings. There are thirteen central blessings in the weekday Amida and they are grouped into four sets of three: (1) personal spiritual requests: for knowledge, repentance and forgiveness, (2) personal material

who bestows acts of loving-kindness and creates all, who remembers the loving-kindness of the fathers and will bring a Redeemer to their children's children for the sake of His name, in love.

King, Helper, Savior, Shield:

*Blessed are You, LORD, Shield of Abraham.

DIVINE MIGHT אֲקָה גְּבּוֹר You are eternally mighty, LORD. You give life to the dead and have great power to save.

In Israel:

AMIDA

He causes the dew to fall.

He sustains the living with loving-kindness, and with great compassion revives the dead. He supports the fallen, heals the sick, sets captives free, and keeps His faith with those who sleep in the dust. Who is like You, Master of might, and to whom can You be compared, O King who brings death and gives life, and makes salvation grow? Faithful are You to revive the dead. Blessed are You, LORD, who revives the dead.

When saying the Amida silently, continue with "You are holy" on the next page.

requests: for redemption, healing and prosperity, (3) collective material-political requests: for the ingathering of exiles, the restoration of sovereignty, and the removal of enemies, and (4) collective spiritual requests: for the righteous, the rebuilding of Jerusalem, and the restoration of the kingdom of David. The thirteenth blessing is all-embracing, asking God to hear and heed our prayer.

Is. 6

Ps. 146

קדושה

During the הש"ץ, the following is said standing with feet together, rising on the toes at the words indicated by .

ּנְקַדֵשׁ אֶת שִּמְךָ בָּעוֹלָם, כְּשֵׁם שֶׁמַּקְדִישִׁים אוֹתוֹ בִּשְׁמֵי מְרוֹם בַּבָּתוּב עַל יַד נְבִיאֶךָ: וְקָרָא זֶה אֶל־זֶה וְאָמַר

יָקְדוֹשׁ, יָקְדוֹשׁ, יְקְדוֹשׁ, יהוה צְבָאוֹת, מְלֹא כָל־הָאֲרֵץ כְּבוֹדוֹ:

יחזקאל ג

ישעיהו

יִמְלֹדָ יהוה לְעוּלָם, אֱלֹהַיִדְ צִיּוֹן לְדר וַדר, הַלְלוּיַה:

ש״ לְדוֹר וָדוֹר נַגִּיד גַּדְלֶדָ, וּלְנֵצַח נִצָחִים קִדְשָּתְדָ נַקְדִּישׁ ושבחד אַלהינו מפּינו לא יִמוש לעוּלָם וְעֶד בי אל מלך גַּדוֹל וְקַדוֹשׁ אַתַה. ברוך אתה יהוה, האל הקדוש.

The אתה חונן continues with שליח ציבור below.

קדושת השם

אַתַה קַרושׁ וִשְׁמַךַ קַרושׁ וּקְדוֹשִׁים בְּכָל יוֹם יִהַלְלוּדָ פֵּלַה. בָּרוּךָ אַתָּה יהוה, הָאֵל הַקַּדושׁ.

לורי הוה מִפְּקוֹמוֹ: יבָּרוּךְ כְּבוֹד־יהוה מִפְּקוֹמוֹ: וּבְדִבְרִי קְדְשְׁךָ כָּתוּב לֵאמֹר

אַתָּה חוֹנֵן לְאָדָם דַעַת, וֹמְלַמֵּד לֵאֵנוֹשׁ בִּינָה. חַנֵנוּ מֵאָתַך דִעָה בִּינַה וְהַשְּׁכֵּל. ברוך אתה יהוה, חונן הדעת.

KEDUSHA

AMIDA

During the Leader's Repetition, the following is said standing with feet together, rising on the toes at the words indicated by *.

Cong. then נקדש We will sanctify Your name on earth, as they sanctify it in the highest heavens, as is written by Your prophet,

"And they [the angels] call to one another saying:

Cong. then 'Holy, holy, holy is the LORD of hosts; Leader: the whole world is filled with His glory." Those facing them say "Blessed -"

Cong. then *"Blessed is the LORD's glory from His place." Ezek. 3

Leader: And in Your holy Writings it is written thus:

Cong. then *"The LORD shall reign for ever. He is your God, Zion,

Leader: from generation to generation, Halleluya!"

Leader: From generation to generation we will declare Your greatness, and we will proclaim Your holiness for evermore.

> Your praise, our God, shall not leave our mouth forever, for You, God, are a great and holy King.

Blessed are You, LORD, the holy God.

The Leader continues with "You grace humanity" below.

HOLINESS

You are holy and Your name is holy, and holy ones praise You daily, Selah! Blessed are You, LORD, the holy God.

KNOWLEDGE

אתה חונן You grace humanity with knowledge and teach mortals understanding. Grace us with the knowledge, understanding and discernment that come from You. Blessed are You, LORD, who graciously grants knowledge.

דעה בינה והשכל Knowledge, Repentance and Forgiveness. Note the sequence. First we pray for knowledge and understanding. Without these it is as if we

תשובה

הַיִּבְינוּ אָבְינוּ לְתוֹרָתֶךָ וְקָרְבֵנוּ מַלְבֵּנוּ לַעֲבוֹדָתֶךָ וְהַחֲזִירֵנוּ בִּתְשוּבָה שְׁלֵמָה לְפָנֶיךָ. בָּרוּךָ אַתָּה יהוה, הָרוֹצֵה בִּתְשׁוּבָה.

סליחה

Strike the left side of the chest at °.

סְלַח לֶנוּ אָבִינוּ כִּי °חָטֶאנוּ מְחַל לֶנוּ מַלְבֵנוּ כִּי °פָּשֶׁעְנוּ כִּי מוֹחֵל וְסוֹלֵחַ אֲתָה. בַּרוּךָ אֲתַה יהוה, חַנוּון הַמַּרְבָּה לְסִלְוַ

אולה

ְרְאֵה בְעָנְיֵנוּ, וְרִיבָה רִיבֵנוּ וּגְאָלֵנוּ מְהֵרָה לְמַעַן שְׁמֶךָ כִּי גּוֹאֵל חָזָק אֱתָה. בָּרוּךְ אַתָּה יהוה, גוֹאֵל יִשְׂרָאֵל.

רפואה

רְפָּאֵנוּ יהוה וְנֵרְפֵּא הוֹשִׁיעֵנוּ וְנַוְשֵׁעַה, כִּ

הוֹשִׁיעֵנוּ וְנִנְּשֵׁעָה, כִּי תְהִלֶּתֵנוּ אֱתָּה וְהַעֲלֵה רְפוּאָה שְׁלֵמָה לְכָל מַכּוֹתֵינוּ

travel blind. Judaism is a religion of emotion, but emotion instructed by the mind. Second, understanding should lead us not to intellectual arrogance

REPENTANCE

AMIDA

Bring us back, our Father, to Your Torah. Draw us near, our King, to Your service. Lead us back to You in perfect repentance. Blessed are You, LORD, who desires repentance.

FORGIVENESS

Strike the left side of the chest at $^{\circ}$.

קלח לני Forgive us, our Father, for we have °sinned. Pardon us, our King, for we have °transgressed; for You pardon and forgive.

Blessed are You, LORD, the gracious One who repeatedly forgives.

REDEMPTION

רְאֵה Look on our affliction, plead our cause, and redeem us soon for Your name's sake, for You are a powerful Redeemer.

Blessed are You, LORD, the Redeemer of Israel.

HEALING

וְבְּאֵנוּ Heal us, LORD, and we shall be healed. Save us and we shall be saved, for You are our praise. Bring complete recovery for all our ailments,

but humility. Knowing how we should live, we come to realize how we fall short, and this brings us to repentance. Only then do we ask for forgiveness. We must put in the work of self-understanding and self-judgment before we can ask God to excuse our lapses.

The following prayer for a sick person may be said here:

יָהִי רָצוֹן מִלְּפָנֶיךָ יהוה אֱלֹהַי וָאלֹהֵי אֱבוֹתַי, שֲׁתִּשִּׁלַח מְהֵרָה רִפּוּאַה שׁלֹמה מן השָּמֵיִם רְפוּאַת הַגָּפֵשׁ וּרְפוּאַת הַגּוּף לַחוֹלֵה/לַחוֹלַה בו/בַת mother's name בתוך שאר חולי ישראל.

> בִּי אֵל מֱלֶךָ רוֹפֵא נָאֱמָן וַרַחֲמָן אֲתָּה. בַּרוּךָ אֲתַה יהוה, רוֹפָא חוֹלֵי עַמּוֹ יִשְׁרָאֵל.

בַּרַדַ עַלֵינוּ יהוה אֱלֹהֵינוּ אֵת הַשָּׁנָה הַוֹאת בַּיַ וְאֵת כַּל מִינֵי תִבוּאַתָה לְטוֹבָה וָתֵן בַּרַכָה עַל פָּנֵי הַאֲדַמַה ושבענו מטובה וּבַרֶךְ שִנַתֵנוּ כַּשַּׁנִים הַטוֹבות. בַרוּך אַתַה יהוה, מִבַרֶךְ הַשְּׁנִים.

תִּקַע בִּשׁוֹפַר גַּדוֹל לְחֵרוּתֵנוּ ושָא גַס לִקַבֵּץ גַּלִיוֹתֵינוּ וַקַבְּצֵנוּ יַחַד מֵאַרבַע כַּנִפוֹת הַאֵרֵץ. בַרוּךָ אֲתַה יהוה, מִקבֵץ נִדְחֵי עַמוֹ יִשְׁרָאֵל.

השבת המשפט

הַשְיבָה שוֹפָטֵינו כָּבַרְאשונָה וִיוֹעַצֵינו כְּבַתְחַלֵּה יהסר ממנו יגון ואנחה ּוּמְלֹךְ עָלֵינוּ אַתָּה יהוה לְבַדְּךָ בְּחֶסֶד וּבְרַחֲמִים בַרוֹךְ אַתַה יהוה, מֱלֶךְ אוֹהֶב צְדָקָה וִמְשְׁפַּט. The following prayer for a sick person may be said here:

May it be Your will, O LORD my God and God of my ancestors, that You speedily send a complete recovery from heaven, a healing of both soul and body, to the patient (name), son/daughter of (mother's name) among the other afflicted of Israel.

for You, God, King, are a faithful and compassionate Healer. Blessed are You, LORD, Healer of the sick of His people Israel.

PROSPERITY

AMIDA

Bless this year for us, LORD our God, and all its types of produce for good. Grant blessing on the face of the earth, and from its goodness satisfy us, blessing our year as the best of years. Blessed are You, LORD, who blesses the years.

INGATHERING OF EXILES

Sound the great shofar for our freedom, raise high the banner to gather our exiles, and gather us together from the four quarters of the earth. Blessed are You, LORD, who gathers the dispersed of His people Israel.

JUSTICE

Restore our judges as at first, and our counselors as at the beginning, and remove from us sorrow and sighing. May You alone, LORD, reign over us with loving-kindness and compassion, and vindicate us in justice. Blessed are You, LORD, the King who loves righteousness and justice.

לַמַלשִׁינִים אַל תִהִי תִקוַה בָּל הָרִשְׁעָה כְּרָגַע תֹאבֵד אויבי עמך מהרה יכרתו יָהַוָּדִים מִהַרָה תִעַקֵּר וּתְשַׁבֵּר וּתְמַגֵּר וְתַכְנְיַעַ במהרה בימינו.

בַּרוּךָ אֲתַה יהוה, שוֹבֵר אוֹיִבִים וּמַכְנֵיעַ זַדִים.

על הַצַּדִיקִים וְעַל הַחַסִידִים עַל זִקנֵי עַמַּדַ בֵּית ישׂראל על פליטת סופריהם יהמו רחמיך יהוה אלהינו וֹתֵן שָּבָר טוֹב לְבָל הַבּוֹטְחִים בְּשִׁמְךָ בָּאֱמֶת ישים חלקנו עמהם וּלְעוּלָם לֹא נֵבושׁ כִּי בְדֶ בְטַחְנוּ. בַרוּךָ אֲתַה יהוה, מִשְעַן וּמִבְטַח לַצַּדִּיקִים.

> וְלִירוּשַלֵיִם עִירְדָ בְּרַחֲמִים תַּשוּב ותשכן בתוכה כאשר דברת וּבְנֵה אוֹתָה בְּקָרוֹב בְּיָמֵינוּ בִּנְיַן עוֹלְם וְכַפֵּא דָוִד מְהֵרָה לְתוֹכָה תָּכִין. בַּרוּךָ אֲתַה יהוה, בוֹנֵה יִרוּשַׁלַיִם.

AGAINST INFORMERS

AMIDA

ולמלשינים For the slanderers let there be no hope, and may all wickedness perish in an instant. May all Your people's enemies swiftly be cut down. May You swiftly uproot, crush, cast down and humble the arrogant swiftly in our days. Blessed are You, LORD, who destroys enemies and humbles the arrogant.

THE RIGHTEOUS

על הצדיקים To the righteous, the pious, the elders of Your people the house of Israel, the remnant of their scholars, the righteous converts, and to us, may Your compassion be aroused, LORD our God. Grant a good reward to all who sincerely trust in Your name. Set our lot with them, so that we may never be ashamed, for in You we trust. Blessed are You, LORD, who is the support and trust of the righteous.

REBUILDING JERUSALEM

דלירושלים To Jerusalem, Your city, may You return in compassion, and may You dwell in it as You promised. May You rebuild it rapidly in our days as an everlasting structure, and install within it soon the throne of David. Blessed are You, LORD, who builds Jerusalem.

אֶת צֶמַח דָּוִד עַבְדְךָ מְהֵרָה תַצְמְיחַ וְקַרְנוֹ תָּרוּם בִּישׁוּעָתֶךְ כִּי לִישׁוּעָרְךָ קּוְינוּ כָּל הַיּוֹם. בָּרוּךָ אֵתָּה יהוה, מַצְמִיחַ קֶּרֶן יִשׁוּעָה.

שומע תפלה שְמַע קוֹלֵנוּ יהוה אֱלֹהֵינוּ חוּס וְרַחֵם עָלֵינוּ וְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת הְפִּלָּתֵנוּ כִּי אֵל שוֹמֵע הְפִלוֹת וְתַחֲנוּנִים אֲתָה וּמִלְפָנֶיךָ מֵלְבֵנוּ רִיקָם אֵל הְשִיבֵנוּ כִּי אַתָּה שוֹמֵע הְפִלֹת עַמְךְ יִשְׂרָאֵל בְּרַחֲמִים. בִּרוּךָ אֲתָּה יהוה, שוֹמֵע תִּפְלַה.

עבודה רְצֵה יהוה אֱלֹהֵינוּ בְּעַמְךְ יִשְׂרָאֵל, וּבִּתְפִּלְּתָם וְהָשֵב אֶת הָעֲבוֹדָה לִדְבִיר בִּיתֶךְ וְאִשֵּׁי יִשְׂרָאֵל וּתְפִּלְּתָם בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן וּתָהִי לְרַצוֹן הַמִּיד עֲבוֹדַת יִשְׁרָאֵל עַמֵּךְ.

Temple Service and Thanksgiving. "As the Jew recites Retzeh and beseeches God to accept his sacrifices, he is no longer praying in his local synagogue in Warsaw, Vilna or New York. He is suddenly transported to Jerusalem, and his prayer is transformed into an offering in the Temple. Rabbi Judah HaLevi (Kuzari 3:19) highlights that at this juncture in the Amida we are

KINGDOM OF DAVID

AMIDA

אָת אֶת May the offshoot of Your servant David soon flower, and may his pride be raised high by Your salvation, for we wait for Your salvation all day.

Blessed are You, LORD,
who makes the glory of salvation flourish.

RESPONSE TO PRAYER

בּיבְעני Listen to our voice, Lord our God. Spare us and have compassion on us, and in compassion and favor accept our prayer, for You, God, listen to prayers and pleas. Do not turn us away, O our King, empty-handed from Your presence, for You listen with compassion to the prayer of Your people Israel. Blessed are You, Lord, who listens to prayer.

TEMPLE SERVICE

ירְצֵּה Find favor, Lord our God, in Your people Israel and their prayer.

Restore the service to Your most holy House, and accept in love and favor the fire-offerings of Israel and their prayer.

May the service of Your people Israel always find favor with You.

praying for the *Shekhina* to return to Jerusalem. We must therefore bow at *Modim* as if we were standing in the presence of the restored *Shekhina*." (Rabbi Joseph Soloveitchik)

הודאה

Bow at the first five words.

During the חורת הש"ץ, the קהל says quietly: שאתה הוא יהוה אלהינו ברכות והודאות כן תחינו ותקימנו על שאַנחנו מודים לד. ברוּך אל ההודאות.

וָהַמַרַחֵם, כִּי לֹא תַמוּ חַסָּדֵיךַ מעולם קוינו לד.

ְוְעֵל כָּלָם יִתְבָּרֵךְ וְיִתְרוֹמֵם שִּמְךָ מֵלְבֵּנוּ תִּמִיד לְעוֹלָם וָעֶד. וְכֹל הַחַיִּים יוֹדְוּךָ פֶּלָה, וִיהַלְלוּ אֶת שִׁמְךָ בָּאֱמֶת הָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ סֶלָה. יבָרוּךְ אֵתָּה יהוה, הַטּוֹב שִׁמְךָ וּלְךָ נָאֶה לְהוֹדוֹת. אות המינה And may our eyes witness Your return to Zion in compassion.

Blessed are You, LORD, who restores His Presence to Zion.

THANKSGIVING

AMIDA

Bow at the first nine words.

שודיםי We give thanks to You, for You are the LORD our God and God of our ancestors for ever and all time. You are the Rock of our lives, Shield of our salvation from generation to generation. We will thank You and declare Your praise for our lives, which are entrusted into Your hand; for our souls, which are placed in Your charge; for Your miracles which are with us every day; and for Your wonders and favors at all times, evening, morning and midday. You are good – for Your compassion never fails. You are compassionate – for Your loving-kindnesses never cease. We have always placed our hope in You.

During the Leader's Repetition, the congregation says quietly: שודים We give thanks to You, for You are the LORD our God and God of our ancestors. God of all flesh, who formed us and formed the universe. Blessings and thanks are due to Your great and holy name for giving us life and sustaining us. May You continue to give us life and sustain us: and may You gather our exiles to Your holy courts, to keep Your decrees, do Your will and serve You with a perfect heart, for it is for us to give You thanks. Blessed be God to whom thanksgiving is due.

יַעל בְּלָם For all these things may Your name be blessed and exalted, our King, continually, for ever and all time.

Let all that lives thank You, Selah! and praise Your name in truth, God, our Savior and Help, Selah!

*Blessed are You, LORD, whose name is "the Good" and to whom thanks are due.

טוב בעיניך לברך את עמך ישראל אַתַה יהוה, הַמְבַרָך את עמוֹ ישראל בשׁלוֹם.

> The following verse concludes the חורת הש"ץ. Some also say it here as part of the silent עמידה.

היו לרצון אמרי־פי והגיון לבי לפניך, יהוה צורי וגאלי: תהליח ינו

ברכות יז.

נפשי תדם, ונפשי כעפר לכל תהיה.

פתח לבי בתורתך, ובמצותיך תרדף נפשי. החושבים עלי רעה

מהרה הפר עצתם וקלקל

עשה למען שמך, עשה למען ימינד

עשה לְמַעַן קִדשתך, עשה למען תורתד.

יִהְיוּ לְרָצוֹן אִמְרֵי־פִּי וְהֶגְיוֹן לְבִּי לְפָנֵיךַ, יהוה צוּרִי וִגֹאֵלִי:

Bow, take three steps back, then bow, first left, then right, then center, while saying:

עשה שלום במרומיו

הוא יעשה שלום עלינו ועל כל ישראל, ואמרו אמן.

יהי רצון מלפניך יהוה אלהינו ואלהי אבותינו שֵׁיבַנָה בִּית הַמִּקְדַשׁ בִּמְהֵרָה בִיַמֵינוּ, וְתֵן חֵלֹקֵנוּ בִּתוֹרָתֵךַ

שָם נַעַבַדְרָ בִּיִרְאַה כִּימֵי עוֹלַם וּכשנים קדמניות. וערבה ליהוה מנחת יהודה וירושלם כימי עולם וכשנים קדמניות:

מלאכיג

PEACE שלום רב Grant great peace to Your people Israel for ever, for You are the sovereign LORD of all peace;

and may it be good in Your eyes

to bless Your people Israel

at every time, at every hour, with Your peace.

Blessed are You, LORD, who blesses His people Israel with peace.

The following verse concludes the Leader's Repetition of the Amida. Some also say it here as part of the silent Amida.

May the words of my mouth and the meditation of my heart find favor before You, LORD, my Rock and Redeemer.

Ps. 19

Berakhot

Ps. 60

Ps. 19

My God.

AMIDA

guard my tongue from evil and my lips from deceitful speech.

To those who curse me, let my soul be silent;

may my soul be to all like the dust.

Open my heart to Your Torah and let my soul

pursue Your commandments. As for all who plan evil against me, swiftly thwart their counsel and frustrate their plans.

Act for the sake of Your name; act for the sake of Your right hand; act for the sake of Your holiness; act for the sake of Your Torah.

That Your beloved ones may be delivered, save with Your right hand and answer me.

May the words of my mouth and the meditation of my heart

find favor before You, LORD, my Rock and Redeemer.

Bow, take three steps back, then bow, first left, then right, then center, while saying:

May He who makes peace in His high places, make peace for us and all Israel – and say: Amen.

יהירצון May it be Your will, LORD our God and God of our ancestors, that the Temple be rebuilt speedily in our days,

and grant us a share in Your Torah.

And there we will serve You with reverence,

as in the days of old and as in former years.

Then the offering of Judah and Jerusalem will be pleasing to the LORD

Mal. 3

as in the days of old and as in former years.

שיה יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא (קְהֵלּ אָמֵן) בְּעַלְמָא דִּי בְרָא כִּרְעוּתֵה וְיַמְלִידְ מַלְכוּתֵה בְּתַגִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְּכָל בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִוְמֵן קָרִיב וִאמָרוּ אָמֵן. (קְהֵלֹּ אָמֵן)

קהל יְהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלֵם וּלְעָלְמֵי עָלְמַיָּא.

יי יִתְבָּרָךְ וְיִשְתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׁא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵה דְּקְדְשָׁא בְּרִיךְ הוּא (קהל בְּרִיךְ הוּא) תוולא מי כל בככתא משיכתא תשפתא ו

לְעֵלָּא מִן בָּלֹ בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנֶחֶמָתָא דאמירן בעלמא

וָאִמֶרוּ אַמֵן. (קהל: אַמֵן)

תִּתְקַבַּל צְלוֹתְהוֹן וּבָעוּתְהוֹן דְּכָל יִשְׂרָאֵל

קָדָם אֲבוּהוֹן דִּי בִשְׁמַיָּא

וְאִמְרוּ אָמֵן. (קהלּ אָמֵן)

יְהֵא שְׁלָמֶא רַבָּא מִן שְׁמַיָּא וְחַיִּים, עָלֵינוּ וְעַל בָּל יִשְׂרָאֵל וָאמָרוּ אַמֵן. (קוּל אָמֵן)

Bow, take three steps back, as if taking leave of the Divine Presence, then bow, first left, then right, then center, while saying:

> עשֶׁה שָׁלוֹם בִּמְרוֹמֵיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל בָּל יִשְׂרָאֵל וָאִמָרוּ אָמֵן. (קהלּ אָמֵן)

FULL KADDISH

FULL KADDISH

Leader: 'יְתְבֵּדְל' Magnified and sanctified
may His great name be,
in the world He created by His will.
May He establish His kingdom
in your lifetime and in your days,
and in the lifetime of all the house of Israel,
swiftly and soon –
and say: Amen.

All: May His great name be blessed for ever and all time.

Leader: Blessed and praised,
glorified and exalted,
raised and honored,
uplifted and lauded be
the name of the Holy One,
blessed be He,
beyond any blessing,
song, praise and consolation
uttered in the world –
and say: Amen.

May the prayers and pleas of all Israel be accepted by their Father in heaven – and say: Amen.

May there be great peace from heaven, and life for us and all Israel – and say: Amen.

Bow, take three steps back, as if taking leave of the Divine Presence, then bow, first left, then right, then center, while saying:

May He who makes peace in His high places, make peace for us and all Israel – and say: Amen.

Stand while saying עלינו. Bow at .

תת גדלה ליוצר בראשית שלא עשנו כגויי הארצות א שמנו כמשפחות האדמה צלא שם חלקנו כַהם וְגוֹרַלֵנוּ כְּכַל הַמוֹנָם. שהם משתחוים להבל וריק וּמִתְפַּלְלִים אֱל אֱל לֹא יוֹשֵיעַ.) יואנחנו כורעים ומשתחוים ומודים לִפְנֵי מֵלֵךָ מַלְבֵי הַפִּּלָבִים, הַקָּדוֹשׁ בָּרוּךְ הוּא שֶׁהוּא נוֹטֶה שְּׁמַיִם וְיוֹמֵד אֱרֶץ ומושב יקרו בשמים ממעל ישָׁכִינַת עוו בְּגַבְהֵי מִרוֹמִים. הוא אלהינו, אין עוד. אַמֵת מַלְכנוּ, אפס זוּלתוֹ ככתוב בתורתו וידעת היום והשבת אל

ALEINU

דברים ד

Aleinu, one of Judaism's great affirmations of faith, is an ancient prayer, originally composed as the prelude to *Malkhiyot*, the verses relating to God's kingship in the Musaf Amida of Rosh HaShana. Only in the twelfth century did it begin to be said daily at the conclusion of each service.

Stand while saying Aleinu. Bow at *.

ALEINU

עלינו It is our duty to praise the Master of all, and ascribe greatness to the Author of creation, who has not made us like the nations of the lands nor placed us like the families of the earth; who has not made our portion like theirs, nor our destiny like all their multitudes. (For they worship vanity and emptiness, and pray to a god who cannot save.) But we bow in worship and thank the Supreme King of kings, the Holy One, blessed be He, who extends the heavens and establishes the earth, whose throne of glory is in the heavens above, and whose power's Presence is in the highest of heights. He is our God; there is no other. Truly He is our King, there is none else, as it is written in His Torah: "You shall know and take to heart this day that the LORD is God, in heaven above and on earth below. There is no other."

Deut. 4

Note the contrast between the first and second paragraphs. The first is a statement of Jewish particularity. We thank God for the uniqueness of the Jewish people and its vocation. We are different. It is not our highest aspiration to be like everyone else. We have been singled out for a sacred mission, to be God's ambassadors, His witnesses, part of a nation that in itself testifies to something larger than itself, to a divine presence in history.

The second paragraph is a no less emphatic prayer for universality, for the day when all humanity will recognize the sovereignty of God. All humans are in God's image, part of God's world, heirs to God's covenant with Noah,

על כון נקוה לך יהוה אלהינו

רָאָרֶץ הָלּוּלִים מִן הָאָרֶץ וֹיַ

לילים כרות יכרתון

מְהֵרָה בְּתִפְאֶרֶת עֻיֶּרְ

תַּבָרַע כַּל בַּרָדָ, תִּשַּׁבַע כַּל לַשׁוֹן.

יהוה אלהינו יכרעו ויפּלוּ

Ex. 15

ּלִכְבוֹד שִּׁמְדְ יְקָר יִתֵּנוּ יִּקַבְּלוּ כְלָם אֶת עֹל מַלְכוּתֶךְ תִּמְלֹךְ עֲלֵיהֶם מְהֵרָה לְעוֹלָם וָעֶד. בִּי הַפֵּלְכוּת שֶּלְךָ הִיא וּלְעוֹלְמֵי עַד תִּמְלֹךְ בְּכָבוֹד בַּבָּתוּב בְּתוֹרֶתֶךְ הוה יִמִלֹךְ לִעַלָם וַעֵד:

וכריה יד

משליג

ישעיה ח

ישעיה מו

Some ada

ַּזּל־הִירָא מִפְּחַד פִּתְאם וּמִשֹּאֵת רְשָׁעִים כִּי תָבֹא: גֵצו עֵצָה וְתָפָר, דַּבְּרוּ דָבָר וְלֹא יָקוֹם, כִּי עִמֵנוּ אֵל: עַד־זִּקְנָה אֲנִי הוּא, וְעַד־שִׁיבָה אֲנִי אֶסְבְּל

בַּיוֹם הַהוֹא יָהָיָה יהוה אֱחַד וּשְׁמוֹ אֱחַד:

אַנִי עָשֶּׂיתִי וַאֲנִי אֶשָּׁא וַאֵנִי אֶסְבּל וַאֲמַלֵט:

וְנֵאֱמֵר, וָהַיָה יהוה לְמֵלֶךְ עַל־

and in the future, as polytheism and atheism reveal themselves to be empty creeds, all humanity will turn to the One God.

Therefore, we place our hope in You, LORD our God, that we may soon see the glory of Your power, when You will remove abominations from the earth, and idols will be utterly destroyed, when the world will be perfected under the sovereignty of the Almighty, when all humanity will call on Your name, to turn all the earth's wicked toward You. All the world's inhabitants will realize and know that to You every knee must bow and every tongue swear loyalty. Before You, LORD our God, they will kneel and bow down and give honor to Your glorious name. They will all accept the yoke of Your kingdom, and You will reign over them soon and for ever. For the kingdom is Yours, and to all eternity You will reign in glory, as it is written in Your Torah:

"The LORD will reign for ever and ever."

► And it is said:

ALEINU

"Then the LORD shall be King over all the earth; Zech. 14
on that day the LORD shall be One and His name One."

Some add:

Have no fear of sudden terror or of the ruin when it overtakes the wicked.

Prov. 3

Devise your strategy, but it will be thwarted; propose your plan,

but it will not stand, for God is with us.

When you grow old, I will still be the same.

Is. 46

When your hair turns gray, I will still carry you.

I made you, I will bear you, I will carry you, and I will rescue you.

There is no contradiction between particularity and universality. Only by being what we uniquely are, do we contribute to humanity as a whole what only we can give.

The following prayer, said by mourners, requires the presence of מנין a A transliteration can be found on page 779.

> אבל יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵה רַבָּא (קהלּ אָמֵן) בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵה וְיַמְלִידְ מַלְכוּתֵה בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְּכָל בֵּית יִשְׂרָאֵל בַּעֵגַלָא וּבִוֹמֵן קַרִיב, וָאִמָרוּ אַמֵן. (קהל אַמֵן)

יהא שְׁמֵה רַבָּא מְבָרַךְ לְעָלֵם וּלְעָלְמֵי עָלְמֵיָא.

אבל יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׁא וְיִתְהַדָּר וְיִתְעֵלֶּה וְיִתְהַלָּל שְׁמֵה דְּקְדְשָׁא בְּרִיךְ הוּא (קהל בְּרִיךְ הוּא) לְעֵלֶּא מִן בָּל בִּרְכָתָא וְשִׁירָתָא, הְשְּׁבְּחָתָא וְנָחֲמָתָא דַאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן. (קהל אָמֵן)

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים, עָלֵינוּ וְעַל בָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן. (תְּלּ אָמֵן)

Bow, take three steps back, as if taking leave of the Divine Presence, then bow, first left, then right, then center, while saying:

> עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוֹא יַצְשֶׂה שָׁלוֹם עָלֵינוּ וְעַל בָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן. (קהל: אָמֵן)

MOURNER'S KADDISH

We bring credit to the memory of the dead by doing acts that confer merit on the living. This especially applies to the saying of Kaddish, since it causes the congregation to praise God by saying, "May His great name be blessed for ever and all time." According to the Talmud, whenever Jews enter a

MOURNER'S KADDISH

MOURNER'S KADDISH _____

The following prayer, said by mourners, requires the presence of a minyan. A transliteration can be found on page 779.

Mourner: יְתְבֵּוֹל Magnified and sanctified may His great name be, in the world He created by His will.

May He establish His kingdom in your lifetime and in your days, and in the lifetime of all the house of Israel, swiftly and soon – and say: Amen.

All: May His great name be blessed for ever and all time.

Mourner: Blessed and praised,
glorified and exalted,
raised and honored,
uplifted and lauded
be the name of the Holy One, blessed be He,
beyond any blessing,
song, praise and consolation
uttered in the world – and say: Amen.

May there be great peace from heaven, and life for us and all Israel – and say: Amen.

Bow, take three steps back, as if taking leave of the Divine Presence, then bow, first left, then right, then center, while saying:

May He who makes peace in His high places, make peace for us and all Israel – and say: Amen.

synagogue or a house of study and say "May His great name be blessed," the Holy One, blessed be He, nods His head and says: "Happy is the King who is thus praised in this house" (*Berakhot* 3a). Note that Kaddish speaks neither of death nor of the past. It speaks about the future and about peace. We honor the dead by the way we live. We honor the past by the future we create.

ערב יום טוב

קבלת שבת

On weekdays, בועריב begins on page 47. On the second night of יום טוב, if also שבת, begin here:

תהלים צב

מִזְמוֹר שִׁיר לְיוֹם הַשַּׁבְּת: טוֹב לְהֹדוֹת לַיהוֹה, וּלְזַמֵּר לְשִׁמְךָ עֶלְיוֹן: לְהַגִּיד בַּבְּשָׁר חַסְדֶּךָ, וָאֶמוּנְתְךָ בַּלֵּילוֹת: עֲלִי־עָשׁוֹר וַעֲלִי־נָבֶל, עֲלֵי הִגִּיוֹן בְּכְנּוֹר: כִּי שִׁמַחְתַנִי יהוֹה בְּפְעָלֶךָ, בְּמַעֲשֵׁי יָדֶיךָ אֲרַנֵּן: מַה־גִּדְלוּ מַעֲשֶׁיךָ יהוֹה, מְאֹד עָמְקוּ מַחְשְׁבֹתֶיךָ: אִישׁ־בַּעַר לֹא יִדָע, וּכְסִיל לֹא־יָבִין אֶת־וֹאת: בְּפְרְחַ רְשָׁעִים כְּמוֹ עֵשֶּׁב, וַיָּצִיעוּ כְּל־בְּעֲלֵי אֱוֶן לְהִשְּׁמְדָם עֲדִי־עַד: וְאַתָּה מָרוֹם לְעֹלָם יהוֹה:

KABBALAT SHABBAT / WELCOMING SHABBAT

Our normal service for Kabbalat Shabbat dates back to the sixteenth century and the circle of Jewish mystics in Safed. However, the custom of saying psalms 92 and 93, respectively the psalms for Shabbat and for Friday – the day the first humans were created – goes back many centuries before this. Therefore, when Yom Tov or Ḥol HaMo'ed falls on Shabbat, we say only these psalms, regarded as more obligatory than the other psalms and the song "Come my beloved" (*Pri Megadim* 488:1).

ייי Psalm 92. The superscription, "A psalm. A song for the Sabbath day" is part of the psalm itself, testifying to the antiquity of the custom of saying it on Shabbat as part of the Temple service. The connection between it and Shabbat is not immediately clear. The explanation is that there are three

Erev Yom Tov

KABBALAT SHABBAT

KABBALAT SHABBAT

On weekdays, Ma'ariv begins on page 46. On the second night of Yom Tov, if also Shabbat, begin here:

Ps. 92

It is good to thank the LORD and sing psalms to Your name, Most High – to tell of Your loving-kindness in the morning and Your faithfulness at night, to the music of the ten-stringed lyre and the melody of the harp. For You have made me rejoice by Your work, O LORD; I sing for joy at the deeds of Your hands. How great are Your deeds, LORD, and how very deep Your thoughts. A boor cannot know, nor can a fool understand, that though the wicked spring up like grass and all evildoers flourish, it is only that they may be destroyed for ever. But You, LORD, are eternally exalted.

dimensions of Shabbat (that is why on a regular Shabbat the Amida prayers for evening, morning, and afternoon are different, a phenomenon unique to Shabbat). There is the Shabbat of the past – Shabbat as a memorial of creation. There is the Shabbat of the present – the Shabbat of revelation when, resting from work, we encounter the divine presence more acutely than at other times, and we read the Torah, itself the record of revelation. And there is the Shabbat of the future, the Messianic Age, when all of humanity will acknowledge the One God, and peace will reign. It is this Shabbat of the future to which the psalm is dedicated. People will then look back on the history of suffering that humans have caused one another, and see clearly how, though the wicked flourished briefly "like grass," in the long run justice prevailed. "A fool cannot understand" that evil, however invulnerable it seems at the time,

תהלים צג

ַוּתֶּרֶם כִּרְאֵים קַרְנִי, בַּלּוֹתִי בְּשֶׁמֶן רַעֲנָן:

וַתַּבֵּט עֵינִי בְּשׁוּרָי, בַּקָּמִים עָלַי מְרֵעִים תִּשְׁמַעְנָה אֲזְנָי:

צַּדִּיק כַּתָּמֶר יִפְּרָח, כְּאֶרֶז כַּלְבָנוֹן יִשְׂגֶה:
 שְׁתוּלִים בְּבֵית יהוה, בְּחַצְרוֹת אֱלֹהֵינוּ יַפְּרִיחוּ:
 עוֹד יְנוּבוּן בְּשֵׂיבָה, דְשֵׁנִים וְרַעֲנַנִּים יִהְיוּ:
 לְהַגִּיד כִּי־יָשֶׁר יהוה, צוּרִי, וְלֹא־עַוְלֶתָה בּוֹ:

יהוה מָלְךְ, גֵאוּת לְבֵשׁ

לֶבֵשׁ יהוה עוֹ הִרְאַזָּר, אַף־תִּכּוֹן תֵבֵל בַּל־תִּמוֹט: נָכוֹן כִּסְאֵךָ מֵאָז, מֵעוֹלָם אֶתָה:

נָשְׂאוּ נְהָרוֹת יהוה, נָשְׂאוּ נְהָרוֹת קוֹלֶם, יִשְׂאוּ נְהָרוֹת דְּכְיָם:

יהוה: מִקְּלוֹת מֵיִם רַבִּים, אַדִּירִים מִשְּבְּרֵי־יָם, אַדִּיר בַּשְּׁרוֹם יהוה: עדֹתֶיךָ נָאֶמְנוּ מְאֹד, לְבֵיתְךָ נַאֲוָה־קְּדֶשׁ, יהוה לְאִרֶךְ יָמִים:

has a short life-span. It never wins the final victory. The psalm ends with a vindication of God's justice.

בּתְּבֶּר...בְּאַרָּז Like a palm tree... a cedar. The difference between a date palm and a cedar is that we benefit from the palm tree while it is alive: we eat its fruit, we sit in its shade. A cedar is used for its wood. Only when a cedar is cut down do we realize how tall it was. With the righteous, both of these are true. While they live, we enjoy their presence: we eat the fruit of their wisdom, we sit in the shade of their presence. When they are cut down and are no longer with us, only then do we realize their true stature.

רהה בְּילְן Psalm 93. The Lord reigns. This psalm is, among other things, a polemic against the world of myth. In many ancient myths there was a struggle between the god of order and the forces of chaos, represented by the god or

For behold Your enemies, LORD, behold Your enemies will perish; all evildoers will be scattered.

You have raised my pride like that of a wild ox;

I am anointed with fresh oil.

KABBALAT SHABBAT

My eyes shall look in triumph on my adversaries, my ears shall hear the downfall of the wicked who rise against me.

The righteous will flourish like a palm tree and grow tall like a cedar in Lebanon.

Planted in the LORD's House,

blossoming in our God's courtyards,

they will still bear fruit in old age, and stay vigorous and fresh,

proclaiming that the LORD is upright:

He is my Rock, in whom there is no wrong.

להוה מֵלְן. The Lord reigns. He is robed in majesty. The Lord is robed, girded with strength. The world is firmly established; it cannot be moved. Your throne stands firm as of old; You are eternal. Rivers lift up, Lord, rivers lift up their voice, rivers lift up their crashing waves.

 Mightier than the noise of many waters, than the mighty waves of the sea is the LORD on high. Your testimonies are very sure; holiness adorns Your House, LORD, for evermore.

goddess of the primordial sea. Not so, says the psalm. The waters may roar but God is supreme over all. The universe is the result of a single creative Intelligence; therefore struggle and combat are not written into its script. Faith is the ability to hear the music beneath the noise, the order beneath the seeming chaos.

נְיְּשׁאוּ נְהְרוֹת Rivers lift up. The repetitions in this verse, and the rhythms of the next, capture in sound the rolling of mighty waves, culminating in the magnificent, "LORD on high," the great affirmation ringing out above the sound of the sea.

Ps. 93

The following prayer, said by mourners, requires the presence of a מנין. A transliteration can be found on page 779.

אַבלּ יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵה רַבָּא (קְהַלּ אָמֵן) בְּעַלְמָא דִּי בְרָא כִּרְעוּתֵה וְיַמְלִידְ מַלְכוּתֵה בְּתַיָּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְּכָל בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִוְמֵן קָרִיב וִאמָרוּ אָמֵן. (קְהַלּ אָמֵן)

יָהָא שְמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמִי עָלְמַיָּא. אַבּרַ לְעָלַם וּלְעָלְמִי עָלְמַיָּא.

אבל יִתְבָּרֶךְ וְיִשְׁתַבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׁא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵה דְּקְדְשָׁא בְּרִיךְ הוּא (קהל בְּיִיךְ הוּא) לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁייָרְתָא תִּשְׁבְּחָתָא וְנֶחֲמָתָא דַאֲמִירָן בְּעָלְמָא וִאָמִירָן בְּעָלְמָא

> יְהֵא שְּלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים, עָלֵינוּ וְעַל כְּל יִשְׂרָאֵל וִאִמרוּ אָמַן. (שִּלֹּאֵמֵן)

Bow, take three steps back, as if taking leave of the Divine Presence, then bow, first left, then right, then center, while saying:

> עשה שָלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וָאִמָרוּ אַמֵן. (קהל אַמֵן)

MOURNER'S KADDISH

MOURNER'S KADDISH

The following prayer, said by mourners, requires the presence of a minyan. A transliteration can be found on page 779.

Mourner: יְתְבֵּדִלְּ Magnified and sanctified may His great name be, in the world He created by His will.

May He establish His kingdom in your lifetime and in your days, and in the lifetime of all the house of Israel, swiftly and soon – and say: Amen.

All: May His great name be blessed for ever and all time.

Mourner: Blessed and praised,
glorified and exalted,
raised and honored,
uplifted and lauded
be the name of the Holy One,
blessed be He,
beyond any blessing, song,
praise and consolation
uttered in the world –
and say: Amen.

May there be great peace from heaven, and life for us and all Israel – and say: Amen.

Bow, take three steps back, as if taking leave of the Divine Presence, then bow, first left, then right, then center, while saying:

May He who makes peace in His high places, make peace for us and all Israel – and say: Amen.

מעריב ליום טוב • 47

קריאת שמע וברכותיה

BLESSINGS OF SHEMA

מעריב ליום טוב

קריאת שמע וברכותיה

The אליח ציבור asys the following, bowing at בְּרָכוֹ, standing straight at 'ה. The קהל, followed by the שיבור, responds, bowing at קהל, standing straight at ה'.



On weekdays, some congregations follow the ancient custom of saying piyutim here.

The piyutim for מערביר, commonly known as מערבות,

are interweaved in the blessings of the שמע

For שבועות for the first night of מערבות, turn to page 95;

for the second night of מערבות, turn to page 113.

EVENING SERVICE

Ma'ariv is the prayer associated with Jacob, the man whose greatest encounters with God were at night. At night he had a vision, symbolic of prayer itself, of a ladder stretching from earth to heaven. Awakening from that vision he gave the most profound description of the effect of prayer: "Surely God was in this place and I did not know it" (Gen. 28:16). At night he wrestled with an angel and was given the name Israel, one who "struggles with God and with men and prevails" (Gen. 32:28).

Judaism has known its dawns, its ages of new hope, associated with Abraham. It has known the full brightness of day, its ages of peace and continuity, associated with Isaac's life after the binding. But it has also known its nights. Night is when we take with us the spirit of Jacob, a man who knew fear but was never defeated by it.

Ma'ariy for Yom Toy

BLESSINGS OF THE SHEMA

The Leader says the following, bowing at "Bless," standing straight at "the LORD." The congregation, followed by the Leader, responds, bowing at "Bless," standing straight at "the LORD."

Leader: BLESS

the LORD, the blessed One.

Congregation: Bless the LORD, the blessed One, for ever and all time.

Leader: Bless the LORD, the blessed One, for ever and all time.

On weekdays, some congregations follow the ancient custom of saying piyutim here.

The piyutim for Ma'ariv, commonly known as Ma'aravot,
are interweaved in the blessings of the Shema.

For Ma'aravot for the first night of Shavuot, turn to page 94;
for Ma'aravot for the second night of Shavuot, turn to page 112.

בְּרְכּוֹ אֶת יהוה Bless the Lord. A call by the leader of prayer to the community to join him in praising God, in the spirit of the verse, "Magnify the Lord with me, and let us exalt His name together" (Ps. 34:4). This is a formal summons to public prayer in the presence of a minyan.

אפלבי Bless. We do not bless God; God blesses us. To speak of blessing God as we do in this prayer means (1) we acknowledge Him as the source of all our blessings, (2) we humble ourselves in this acknowledgment, (3) we seek to be vehicles of His blessings by creating the space for them to fill. That space – humility, self effacement, an opening of the soul to the presence of God – is what we seek to achieve in prayer.

We bow, some bending the knee, when we say the word *Barekhu*. The Hebrew word for "knee" is *berekh*. The word for a pool or reservoir of water is *berekha*. Common to them all is a sense of downward movement – of genuflection in the case of the body, of water from a spring to a pool, and of

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר בִּדְבָרוֹ מֵעֵרִיב עֲרָבִים בְּחְרְמָה פּוֹתֵח שְּעָרִים וּבִתְבוּנָה מְשַׁנֶּה עִתִּים וּמַחֲלִיף אֶת הַוְּמֵנִּים וּמְסַדֵּר אֶת הַכּוֹכָבִים בְּמִשְׁמְרוֹתֵיהֶם בָּרָקִיעַ כִּרְצוֹנוֹ. בּוֹרֵא יוֹם וְלַיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חְשֶׁךְ וְחְשֶׁךְ מִפְּנֵי אוֹר וּמַבְדִּיל בִּין יוֹם וּבֵין לְיְלָה יהוה צְבָאוֹת שְׁמוֹ. אֵל חֵי וְקַיָם תָּמִיד, יִמְלֹךְ עָלֵינוּ לְעוֹלָם וָעֶד. בִּרוּךְ אֵתָּה יהוה, הַמַּעֲרִיב עַרָבִים.

אַהֲבַת עוֹלָם בִּית יִשְׂרָאֵל עַמְּךָ אָהֶבְהָּ תּוֹרָה וּמִצְוֹת, חָקִים וּמִשְׁפָּטִים, אוֹתֵנוּ לִּמֵּדְהָּ עַל כֵּן יהוה אֱלֹהֵינוּ בְּשְׁכְבֵנוּ וּבְקוֹמֵנוּ נָשִׁיחַ בְּחָקֶיךָ וְנִשְׁמַח בְּדִבְנִי תּוֹרָתֶךָ וּבְמִצְוֹתֵיךָ לְעוֹלָם וָעֶד בּי הֵם חַיֵּינוּ וִאְנֶרְ יָמֵינוּ, וּבָהֶם נָהְגָּה יוֹמָם וָלַיִּלָה.

blessing flowing from heaven to earth as we align ourselves with its energies, moving from self-sufficiency and pride to humility in the face of the Infinite.

THE BLESSINGS OF THE SHEMA

The blessings that surround the Shema, evening and morning, are a precisely articulated summary of the three basic elements of Jewish faith: *creation*, *revelation* and *redemption*. Creation: God is the Author of the universe, Architect of the cosmos. Revelation: God has revealed Himself to us in the form of His word, the Torah, the text of our covenant with Him and our constitution as a holy nation. Redemption: God's interventions in history, as when He

שרון Blessed are You, LORD our God, King of the Universe, who by His word brings on evenings, by His wisdom opens the gates of heaven, with understanding makes time change and the seasons rotate, and by His will orders the stars in their constellations in the sky. He creates day and night, rolling away the light before the darkness, and darkness before the light.

 He makes the day pass and brings on night, distinguishing day from night: the LORD of hosts is His name.
 May the living and forever enduring God rule over us for all time. Blessed are You, LORD, who brings on evenings.

אַהַבת עוֹלְם With everlasting love have You loved Your people, the house of Israel. You have taught us Torah and commandments, decrees and laws of justice.

BLESSINGS OF SHEMA _

Therefore, LORD our God, when we lie down and when we rise up we will speak of Your decrees, rejoicing in the words of Your Torah and Your commandments for ever.

► For they are our life and the length of our days; on them will we meditate day and night.

brought our ancestors from slavery to freedom. These paragraphs are directed to these three ways through which we come to know God: the wonders of the natural universe, the teachings of the Torah, and the miracles of Jewish history.

The Siddur and Maḥzor are the supreme expressions of Jewish faith. For the most part Jews did not write books of theology; they wrote prayers. In Judaism we do not speak *about* God; we speak *to* God. We do not *discuss* faith; we *express* faith. Faith is our relationship with God made articulate in the words of prayer.

אדבת עוֹלִם With everlasting love. Of all the ways in which God has made Him-

מעריב ליום טוב • 51

קריאת שמע וברכותיה

וְאַהֲבָתְדָ אֵל הָסִיר מִמֶּנוּ לְעוֹלְמִים. ברוך אתה יהוה, אוהב עמו ישראל.

The שמע must be said with intense concentration.

When not with a מנין, say:

אל מלך נאמן

The following verse should be said aloud, while covering the eyes with the right hand:

יִשְׂרָאֶל, יהנה אֱלֹהֵינוּ, יהנה וּ אֶחְד:

עוולם ועד. פרוך שם כבוד מלכותו לעולם ועד.

וְאָהַבְּהָ אֱת יהוָה אֱלֹהֶיְךָ, בְּכָּלְ־לְבֶבְרָן וּבְכָּל־נַפְשְׁךָ וּבְכָּל־ בָּאַבָר: וָהַיֹּוּ הַדִּבָרִים הָאֵׁלֶּה, אֲשֶׁר אֲנֹכֵי מְצַוְךָ הַיָּוֹם, עַל־לְבָבֶךָ:

self known to us, the one that is central is revelation: God's word as recorded in Torah. The history of the Jewish mind is the story of a love affair between a people and a book. Heinrich Heine called the Torah "the portable homeland of the Jew." Wherever Jews went they took Torah with them. Where Torah study was strong Jewish life was strong. This paragraph expresses that love.

On Shavuot in particular it is worth noting how deeply Judaism rejects the opposition between "law" and "love," as if these were two different ways of serving God. They are not. They go hand-in-hand. Law without love is harsh, but love without law leads to favoritism, rivalry and conflict. God reveals Himself to humanity in general, Israel in particular, in the form of law because only law, given, received and observed in love, reconciles the fundamental tension of the human condition, between freedom and order. The violence and chaos of the generation of the Flood represents freedom without order. Oppressive empires such as the Egypt of the Pharaohs represent order without freedom. Law alone, engraved on the heart and practiced until it becomes instinctual, reconciles the two: "I will walk in freedom for I have sought out Your precepts" (Ps. 119:45).

שמע ישראל Listen, Israel. Since God's primary revelation is through words, the highest religious act is the act of listening – creating a silence in the soul in which we hear the call of God.

MA'ARIV FOR YOM TOV · 50 BLESSINGS OF SHEMA ____

May You never take away Your love from us. Blessed are You, LORD, who loves His people Israel.

> The Shema must be said with intense concentration. When not with a minyan, say:

> > God, faithful King!

The following verse should be said aloud, while covering the eyes with the right hand:

Listen, Israel: the LORD is our God, the LORD is One.

Deut. 6

Quietly: Blessed be the name of His glorious kingdom for ever and all time.

Love the LORD your God with all your heart, with all your Deut. 6 soul, and with all your might. These words which I command you

הוה אלהינו The LORD is our God. He alone is our ultimate Sovereign. To be a Jew is to be a citizen in the republic of faith under the sovereignty of God.

יהוה אחד The LORD is One. An ultimate unity pervades the diversity of the world. The universe is the expression of a single creative intelligence; therefore its natural state is harmony. We believe that ultimately all humanity will acknowledge the unity of God. Then and only then, will harmony prevail in the affairs of humankind.

ברוך שם Blessed be the name. This was the response of the congregation in the Temple when the officiating priest recited the first verse of the Shema (the equivalent of our "Amen"). Though we continue to say it in memory of the Temple, we now say it quietly on account of the Temple's destruction and because it is not part of the biblical text (*Pesahim* 56a).

Love the LORD your God. Judaism was the world's first civilization to place love at the heart of the moral universe. Not abstract or dispassionate love, but "with all your heart, with all your soul, and with all your might," meaning: with the totality of your being, emotion, intellect and will. Love begets love; love reciprocates love; our love for God is the response to God's love for us.

על־לבבן On your heart. Rabbi Menaḥem Mendel of Kotzk once asked: "Why does the Torah say that these words should be 'on your heart'? Should it not וְדַבַּרְתָּ בֶּם, בְּשִּׁבְתְּךָ בְּבֵיעֶׁדָ וּבְלֶּכְתְּדָ בַּדֶּׁרֶד, ּבְשָּׁבְבְּדָ וּבְקוּמֶדָ: וְקְשַּׁרְתָּם לְאָוֹת עַל־יָדֶדָ וְהָיִוּ לְטְטָפָּת בֵּיִן צינֶיך: וּכְתַבְתָּם עַל־מְזָזוֹת בֵּיתֶךָ וּבִשְּׁעָרֶיךָ:

והיה אם־שַמע תִשְּמעוֹ אֵל־מִצוֹתִי אֲשֵר אַנכִי מִצְוָה אֶתְכֶם ַהַיִּוֹם, לִאַהַבָּה אֶת־יהוַה אֱלְהֵיכֶם וּלְעָבְדֹּוֹ, בְּכָל־לְבַבְכֶם וּבְכָל^י נַפְשְׁכֶם: וְנֶתַתָּי מְטַר־אַרְצְכֶם בְּעִתְּוֹ, יוֹנֶה וּמַלְקִוֹשׁ, וְאֶסַפְתַּ דָגָבָר וִתִירִשָּׁדָ וִיצְהָרֶב: ונַתַתִּי עֵשֶּׁב בִּשֵּׂרָדָ לִבְהֶמְתֶּבְ, וִאֱכַלְתָּ שַבַעת: השַמרו לַבֶּם פַּן־יִפְתֵה לְבַבְבֵם, וְסַרְתֵּם וַעַבַדְתֵם' אֱלֹהָים אֲחֵלִּים וָהִשְּׁתַּחַוִיתֶם לָהֶם: וְחָלָה אַף־יהוֹה בָּכֶּם, וִעָּצַרְ אֶת־הַשָּׁמִּיִם וְלֹא־יִהְיֶהָ מָטָר, וְהָאֲדָבָה לְא תִתֵּן אֶת־יִבוּלֵה, וַאֲבַדְתָּם מְהַדָּה מֵעַל הָאָבֶץ הַפּוֹבָה אֲשֶׁר יהוָה נֹתַן לְכֶם:

say, 'in your heart'?" He answered: "The human heart is not always open. Therefore the Torah commands us to lay these words on our heart, so that when it opens, they will be there, ready to enter."

Teach them repeatedly to your children. Education is the conversation between the generations. In the only place in the Torah to explain why God chose Abraham to be the bearer of a new covenant, it says, "For I have singled him out so tht he may instruct his children and his posterity to keep the way of the LORD by doing what is just and right" (Gen. 18:19). Educating our children is the first duty of a Jewish parent.

וקשרתם...וכתבתם Bind them ... write them. Because God is often hidden in this world, we surround ourselves with reminders of His presence.

והיה אם־שמע תשמעו If you indeed heed. This, the second paragraph of the Shema, was described by the sages as an act of acceptance of the yoke of the commandments, while the first is acceptance of the sovereignty of heaven (Mishna, Berakhot 13a). In Judaism, faith is not merely a general state of mind but also and fundamentally a way of life, the life of the commandments. On this, our fate as a nation depends.

today shall be on your heart. Teach them repeatedly to your children, speaking of them when you sit at home and when you travel on the way, when you lie down and when you rise. Bind them as a sign on your hand, and they shall be an emblem between your eyes. Write them on the doorposts of your house and gates.

BLESSINGS OF SHEMA _

If you indeed heed My commandments with which I charge Deut. 11 you today, to love the LORD your God and worship Him with all your heart and with all your soul, I will give rain in your land in its season, the early and late rain; and you shall gather in your grain, wine and oil. I will give grass in your field for your cattle, and you shall eat and be satisfied. Be careful lest your heart be tempted and you go astray and worship other gods, bowing down to them. Then the LORD's anger will flare against you and He will close the heavens so that there will be no rain. The land will not yield its crops, and you will perish swiftly from the good land that the LORD is

וְנַתְתִּי מְטַר־אַרְצָכֵם בְּעָתוֹ I will give rain in your land in its season. At the end of his life, Moses told the next generation, those who would enter the land, that they would find it "not like the land of Egypt, from which you have come, where you planted your seed and irrigated it by foot as in a vegetable garden. But the land you are crossing the Jordan to take possession of is a land of mountains and valleys that drinks rain from heaven" (Deut. 11:10-11). Unlike the Nile Valley and Delta, it did not have a constant, regular supply of water. In Egypt, the natural instinct is to look down to the river for sustenance. In Israel, dependent on rain, the natural instinct is to look up to heaven.

Be careful lest your heart be tempted. Throughout the book of Deuteronomy, from which this paragraph is taken, Moses warns the people that their greatest trial was not the wilderness years when they wandered without a home. It would be when they entered the land and became prosperous. The greatest challenge to faith is not poverty but affluence. It is then we are in danger of becoming complacent, forgetting why we are here.

אתם את־בניכם לדבר בם, בשבתך בביתד ובלכתך בדרך, בָּרַ וּבִקוּמֵרָ: וּכִתַבִּתַם עַל־מִזוּזוֹת בִּיתֵךָ וּבִשְּעַרֵיךָ: לְמַעַן יבו ימיכם וימי בניכם על האדמה אשר נשבע יהוה לאבתיכם ּלָתַת לָהֶם, כִּימֵי הַשְּׁמַיִם עַל־הָאֲרֶץ:

ויאמר יהוה אל-משה לאמר: דבר אל-בני ישראל ואמרת אַלהֶּם, וִעַשוּ לַהָם צִיצָת עַל־בַּנְפֵי בְגָדִיהֵם לְדִרֹתַם, וְנַתְנָוּ עַל־צִיצַת הַכַּנַף בָּתֵיל תַּכֵלֵת: וְהַיָה לַכַם לְצִיצָת, וּרְאִיתֵם אֹתוֹ וּוְכַרְתֶם אֶת־בָּל־מִצְוָת יהוֹה וַעֲשִּׁיתֵם אֹתַם, וִלֹא תַתִּוּרוּ אַחַרִי לַבַבָּבֶם וָאַחֲרֵי עֵינֵיבֶּם, אֲשֶׁר־אַתֵּם זֹנֵים אַחַרִיהֵם: לִמַעַן תִּזְכָּרוּ יַעשִיתם את־כַּל־מצוֹתִי, והיִיתם קדשִׁים לַאלהַיכם: אני יהוה אֱלְהֵיכָּם, אֲשֶּׁר הוֹצַאַתִי אֶתְכֶם מֵאֱרֵץ מִצְרַיִם, לְהִיוֹת לַבֵם לאלהים, אני יהוה אלהיכם:

The שליח ציבור repeats:

ציצת Tassels. The third paragraph of the Shema is largely about the command of Tzitzit, one of the perennial reminders of God's presence in our lives. Since Tzitzit were not obligatory at night (the command is that "you shall see them" and at night they could not be seen), the primary message of the third paragraph at night is its concluding verse, about the exodus. It fulfills the command "so that you will remember the day you left Egypt all the days of your life" (Deut. 16:3). As we will mention in the Haggada, Ben Zoma interpreted the emphatic word "all" to include not just days but also nights (Mishna, Berakhot 12b).

giving you. Therefore, set these, My words, on your heart and soul. Bind them as a sign on your hand, and they shall be an emblem between your eyes. Teach them to your children, speaking of them when you sit at home and when you travel on the way, when you lie down and when you rise. Write them on the doorposts of your house and gates, so that you and your children may live long in the land that the LORD swore to your ancestors to give them, for as long as the heavens are above the earth.

BLESSINGS OF SHEMA

The LORD spoke to Moses, saying: Speak to the Israelites Num. 15 and tell them to make tassels on the corners of their garments for all generations. They shall attach to the tassel at each corner a thread of blue. This shall be your tassel, and you shall see it and remember all of the LORD's commandments and keep them, not straying after your heart and after your eyes, following your own sinful desires. Thus you will be reminded to keep all My commandments, and be holy to your God. I am the LORD your God, who brought you out of the land of Egypt to be your God. I am the LORD your God.

True –

The Leader repeats:

► The LORD your God is true –

אמת True. The Hebrew word emet means more than "truth" in the conventional Western sense of fact as opposed to falsehood. *Emet* also means "being truthful," keeping your word, honoring your commitments. Hence the importance here of connecting past redemption to future deliverance. Indeed the word emet itself is composed of the first, middle and last letters of the alphabet, subliminally suggesting a truth continuous through past, present and future. Thus as the Shema segues into the blessing of Redemption, we base our faith in God's future redemption on the basis of the history of the past when He brought us out of Egypt as He said He would. God honors His word. His truth is the basis of our hope.

Ps. 66

Ex. 15

תהלים סו

שמות טו

בִי הוא יהוה אַלהַינוּ ואַין זוּלַתוּ הפודנו מיד מלכים מַלְבֶּנוּ הַגּוֹאֱלֵנוּ מִבַּף בַּל הַעַרִיצִים. אל הנפרע לנו מצרינו הַמְשַׁלֶם גַמוּל לְכַל אוּיָבֵי נַפָּשֵנוּ. העושה גדולות עד אין חַקַר נפלאות עד אין מספר הַשֶּׁם נַפְשֵׁנוּ בַּחַיִּים, וְלֹא־נַתַן לַמּוֹט רַגַּלֵנוּ: המדריכנו על במות אויבינו וירם קרגנו על כל שונאינו. העושה לנו נסים ונקמה בפרעה אותות ומופתים באדמת בני חם. המפה בעברתו פל בכורי מצרים וַיּוֹצֵא אֶת עַמּוֹ יִשְּׂרָאֵל מְתּוֹכָם לְחֵרוּת עוֹלַם. הַמַּצַבִיר בַּנַיו בֵּין גּוָרִי יַם סוּף אָת רוֹדְפֵיהֶם וָאָת שוֹנָאֵיהֶם בְּתָהוֹמוֹת טָבַע וְרָאוּ בָנְיו גִבוּרַתוֹ, שִׁבְּחוּ וְהוֹדוּ לשׁמוֹ ומלכותו ברצון קבלו עליהם. משה ובני ישראל, לך ענו שירה בשמחה רבה מי כמכה נאדר בקדש

and faithful is all this, – and faithful is all this, and firmly established for us that He is the LORD our God, and there is none beside Him, and that we, Israel, are His people. He is our King, who redeems us from the hand of kings and delivers us from the grasp of all tyrants. He is our God, who on our behalf repays our foes and brings just retribution on our mortal enemies; who performs great deeds beyond understanding and wonders beyond number; who kept us alive, not letting our foot slip; who led us on the high places of our enemies, raising our pride above all our foes; who did miracles for us and brought vengeance against Pharaoh; who performed signs and wonders in the land of Ham's children; who smote in His wrath all the firstborn of Egypt, and brought out His people Israel from their midst into everlasting freedom; who led His children through the divided Reed Sea, plunging their pursuers and enemies into the depths. When His children saw His might, they gave praise and thanks to His name, ► and willingly accepted His Sovereignty. Moses and the children of Israel then sang a song to You with great joy, and they all exclaimed:

"Who is like You, LORD, among the mighty?

Who is like You, majestic in holiness, awesome in praises, doing wonders?"

BLESSINGS OF SHEMA

Ex. 15

שמות טו

יהוה יִמְלֹדְ לְעֹלָם וָעֶד:

יונאֱמֵר ⋅

ירמיה לא

בּי־פָּדָה יהוה אֶת־יַעֲקֹב, וּגְאָלוֹ מִיַּד חָזָק מִמֶּנוּ: בָּרוּךְ אַתָּה יהוה, גָּאַל יִשְׂרָאֵל.

הַשְּׁבִּיבֵנוּ יהוה אֱלֹהֵינוּ לְשָׁלוֹם, וְהַעֲמִידֵנוּ מַלְבֵנוּ לְחַיִּים וּפְרשׁ עָלֵינוּ סְבַּת שְׁלוֹמֶךָ, וְתַקְנֵנוּ בְּעֵצָה טוֹבָה מִלְפָנֵיךָ וָהוֹשִׁיעֵנוּ לִמֵעַן שִׁמֵךָ.

וְהָגֵן בַּעֲרֵנוּ

וְהָסֵר מֵעָלֵינוּ אוֹיֵב, דֶבֶר וְחֶוֶרב וְרָעָב וְיָגוֹן

מַלְכוּתְדָ רָאוּ בָנֶידָ, בּוֹקֵע יָם לִפְנֵי מֹשֶׁה

ּוְהָםֵרְ שָׁטָן מִלְפָנֵינוּ וּמֵאַחֲרֵינוּ

יִבְצֵל בְּנָפֶיךָ תַּסְתִּירֵנוּ

בִּי אֵל שוֹמְרֵנוּ וּמַצִּילֵנוּ אֶתָּה

בִּי אֵל מֶלֶךְ חַנוּן וְרַחוּם אֲתָה.

ושְמר צֵאתֵנוּ וּבוֹאֵנוּ לְחַיִּים וּלְשָׁלוֹם מֵעַתָּה וְעַד עוֹלָם. וּפְרשׁ עָלֵינוּ סֻבַּת שְלוֹמֶךָ.

בָּרוךְ אַתָּה יהוה

ַ הַפּוֹרֵשׁ סְבַּת שָׁלוֹם עָלֵינוּ וְעַל בָּל עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשְׁלֵים.

Your children beheld Your majesty
 as You parted the sea before Moses.
 "This is my God!" they responded, and then said:

"The LORD shall reign for ever and ever."

► And it is said.

BLESSINGS OF SHEMA

"For the LORD has redeemed Jacob Jer. 31 and rescued him from a power stronger than his own."

Blessed are You, LORD, who redeemed Israel.

Help us lie down, O Lord our God, in peace, and rise up, O our King, to life.

Spread over us Your canopy of peace.

Direct us with Your good counsel, and save us for the sake of Your name.

Shield us and remove from us every enemy, plague, sword, famine and sorrow.

Remove the adversary from before and behind us.

Shelter us in the shadow of Your wings, for You, God, are our Guardian and Deliverer;

You, God, are a gracious and compassionate King.

 Guard our going out and our coming in, for life and peace, from now and for ever.
 Spread over us Your canopy of peace.
 Blessed are You, LORD, who spreads a canopy of peace over us, over all His people Israel, and over Jerusalem.

in the ancient world. We pray for a peaceful night under the protective canopy of God's sheltering presence.

וְהָּמֵר שְּׁטָן *Remove the adversary.* In Hebrew, Satan. In Tanakh and Jewish thought generally, Satan is the counsel for the prosecution in the heavenly court, the angel who keeps a record of our sins and failings, most famously in the book of Job. The rabbis identified Satan with the "evil inclination" and the angel of death, that is, our emotional and physical limitations as embodied

הַשְּבְּעֵם Help us lie down. Since there is supposed to be no interruption between redemption (the paragraph ending "who redeemed Israel") and the formal act of prayer (Amida), this paragraph is regarded as an extension of the previous one (see 4b). It takes the theme of redemption and translates it into the here-and-now of night, a time of vulnerability and danger, especially

שמות לא

ייקרא כג

On שבת, the קהל stands and, together with the שבת, says:

עשות את־השבת לדרתם ברית עולם: ני ובין בני ישראל, אות הוא לעלם שַׁשֵׁת יַבִּים עַשַּׁה יהוה אֵת־הַשָּׁבַיִם וְאֶת־הָאָבֶץ

שליח ציבור then the, קהל

וַיַדַבֶּר משָה אֵת־מעֲדֵי יהוה אֵל־בְּנִי יִשֹׁרָאל:

חצי קדיש

ש״ז יתגדל ויתקדש שמה רבא (קהל אמן) בּעַלִמָא דִּי בִרָא כִרְעוּתֵהּ וימליך מלכותה בָּחַיֵּיכוֹן וּבִיוֹמֵיכוֹן וּבְחַיֵּי דְכַל בֵּית יִשְׂרָאֵל בעגלא ובזמן קריב יאמרו אמן. (קהל אמן)

ישִין יְהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עַלְמַיַא.

יִתבַּרַךְ וִישִּׁתַבַּח וִיתִפַּאַר וִיתִרוֹמַם וִיתִנַשֵּׂא ויִתְהַדֵּר ויתעלה ויתהלל מָה דְּקְרְשָׁא בִּרִיךְ הוּא (קהל בִּרִיךְ הוּא) נְלָא מִן כָּל בִּרְכָתָא וִשִּׁירָתָא (קהל אַמֵן) (קהל אַמֵן)

On Shabbat, the congregation stands and, together with the Leader, says: דשמרו The children of Israel must keep the Sabbath, Ex. 31 observing the Sabbath in every generation as an everlasting covenant. It is a sign between Me and the children of Israel for ever, for in six days God made the heavens and the earth, but on the seventh day He ceased work and refreshed Himself.

The congregation, then the Leader:

Thus Moses announced the LORD's appointed seasons Lev. 23 to the children of Israel.

HALF KADDISH

BLESSINGS OF SHEMA

Leader: יתגדל Magnified and sanctified may His great name be, in the world He created by His will. May He establish His kingdom in your lifetime and in your days, and in the lifetime of all the house of Israel, swiftly and soon and say: Amen.

All: May His great name be blessed for ever and all time.

Leader: Blessed and praised, glorified and exalted, raised and honored, uplifted and lauded be the name of the Holy One, blessed be He, beyond any blessing, song, praise and consolation uttered in the world and say: Amen.

souls, beings of flesh and blood, "dust of the earth." We pray, in other words, to be protected not only from external enemies but also from the instincts and desires that lead us to harm others and ourselves. Satan is not, as in some other religious traditions, an independent force of evil. That is dualism, and is incompatible with monotheism.